Hopes & Dreams

2013 Calendar of Events

March 7

Life Network's 22nd Annual Banquet
featuring Pam Tebow

May 12 - June 16

Life Network's Baby Bottle Campaign and
Virtual Baby Bottles

This year, we would like to offer your church or organization the option of participating in our Baby Bottle Campaign and Virtual Baby Bottles at any point in the year that is convenient for you.

October 12

Life Network's Walk4Life and 5K Run
at Stephens Lake Park

A. Bentley Wright, 1963 – 2013

Life Network would like to extend our deepest sympathy to the family of Bentley Wright. For the last several years he has given freely of his time serving as Life Network's legal counsel. He shared his wisdom, insight and love for life with us… and he will be missed.

life network
OF CENTRAL MISSOURI

Dear Ministry Partners,

I knew I wanted to be a teacher!

By the third grade, I was expressing to my parents my **DREAM** of one day becoming a teacher! I would come home from school, sit my younger sisters down and then teach them everything I had learned that day. I was blessed to be able to become all that I had dreamed of and hoped for!

Life Network and its client program, My Life Clinic, work diligently to make sure that every little life we see on the ultrasound screen has an **opportunity to have an amazing HOPE for the future and to be able to DREAM big!** Who will they become? How will they impact our world? What does God have in store for them?

Jeremiah 29:11 (NLT) 11 For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, **to give you a future and a hope**.

The passion of Life Network and our client program, My Life Clinic, is to be the safe and compassionate place young women and men turn to when they are facing the fear and uncertainty of an unplanned pregnancy. Our mission is to Save Lives and Protect Futures…a future God has a plan for!

In the last five years… over 1,300 futures have been protected. That's 1,300 possibilities! That's 1,300 dreams that can be reached for! I'm excited about what God can do with those 1,300 little lives and the force they can be in this world!

Our work is far from done, though! Every day we meet women who are facing difficult circumstances and life altering decisions. They come to us experiencing a myriad of emotions….they are afraid, disbelieving, hopeless in their circumstance, angry and even in denial. Our compassionate personnel are available to these young women during that moment of fear and uncertainty, and because of donors like you, it is at no cost to them. Time after time, we see these same women move forward as they choose life…..and dare to have amazing Hope and to Dream big, for themselves and their child.

We are grateful and privileged that God has given us this incredible ministry…and that He meets us here every day as we continue to work to Save Lives and Protect Futures in central Missouri. Every unborn child is precious and treasured, and deserves the opportunity to have **Hopes & Dreams**!

Thank you for all you do to change lives, give hope to our clients, and for your part in Saving Lives and Protecting Futures!

We are grateful,

Carla Arnder

Our Staff

Life Network is staffed with a team of compassionate professionals who love Christ and demonstrate His love through their various roles in ministry.

Carla Arinder
Executive Director

Melissa Lowe
Director of Advancement

Dr. Raymond Foster
MD Medical Director

Walter Coplen
Counseling Director

Beth Wiederanders
RN Nurse Manager

Jaylyn Wilson
Client Specialist

Becky Muehlman
Bookkeeper

Caitlin Kissinger
Office Manager

Board of Directors

Raymond Iman, Board Chairman
Ken Ruckman, Vice Chairman
Maureen Rucker, Secretary
Harry Pinney, Treasurer
Patti Koffarnus, Member
Carla Arinder, Executive Director

Volunteers

Life Network has an amazing team of caring volunteers dedicated to ensuring that each unborn life has a change to celebrate a birthday. Every hour of time and every resource put forth is a special gift that makes this life-saving ministry possible.

Thank you for your gifts of time, support & resources. Because of you, lives have been changed forever!

Teresa Alanis
Ed Algya
David Arinder
Alison Ballou
Matt Ballou
Lorraine Barnett
Norma Barnhart
Dr. Breton Barrier
Liz Bitterman
Michal Blackburn
Debbie Blythe
Noel Blythe
Brenda Bolton
Ruben Bolton
Taylor Bonderer
Jennifer Books
Margaret Boyce
Paula Brazell
Paul Brazell
Tricia Brilhart
Amy Campbell
Christian Cepel
Bethany Cox
Adam Duncan
Carol Duncan
Janie Duncan
Stephanie Eads
Tyler Eads
Caryl Easton
Dave Easton
Annie Freeman
Seth Freeman
Emma Frogge
Erin Foster
Sharon Foster
Meredith Fuemmeler
Andy George
Emily George
Liz Goebel
Maureen Harris
Adam Harrold
Joanna Harrold
David Hockman
Paige Hockman
Sherry Hockman
Spencer Hockman
Walter Hogan
Lindsey Holan
Bob Horne
Lucille Horne
Doris Iman
Raymond Iman
Karyn Johnston
Shelia Kable
Chris Kaisher
David Kissinger
Julie Koffarnus
Patti Koffarnus
Richard Koffarnus
Amanda Kreisel
Clayton Kreisel
Steve Kuntz
Rebecca Kuschel
Symone Kuschel
Jaquelin Lutz
Claire Melick
Glenna Mongler
Linda Moss
Steve Muehlman
Robin Nichols
Barry O'Neill
Bill Paten
Carol Paten
Eileen Perry
Harry Pinney
Pam Pinney
Emma Richardson
DeWayne Rucker
Maureen Rucker
Ken Ruckman
Pam Ruckman
Eddie Sapp
Sandy Sapp
Cally Schulte
Nicole Shields
Dennis Shirk
Lois Shirk
Esther Simpson
Kitty Spencer
Don Stoll
Stacy Stringer
Alain Tanoh
Allison Taylor
Missi Trask
Anita VanGilder
Crystal Waggoner
Mike Waggoner
Jessica Watson
Alex Weaver
Gregg Webb
Emily Wiederanders
Megan Wiederanders
Mark Wiederanders
Mary Williams
Jonah Wilson
Kelly Wisch
Ryan Wisch
Bentley Wright
Alycia Yount

Medical Advisory

Sharlette Anderson, RDMS
Dr. Jennifer Bickhaus
Matthew Borgmeyer
Carol Duncan, RN
Dr. Raymond Foster
Dr. Jenny Lovegre
Dr. Kimberly Morse
Charlene Sears, RDMS
Dr. Tracy Stroud
Dr. Karen Thies

Total Volunteer Hours

1,538

Client Services

Community Service Relationships:

Community Referrals- Provides a connecting point between clients and the community services they need.

- St. Raymond's Society
- Love Basket
- Love INC
- Faith Maternity Home
- Mid-Missouri Legal Services
- Parents as Teachers
- Central Missouri Community Action
- Lutheran Family & Children Services
- Tots Clothing Closet

Educational Services:

- SaveOne- Post abortion recovery small group
- Bible Study group
- Finance 101
- Sexual Integrity support group
- STI Education
- Monthly Parenting Class- large group
- Educational opportunities based on need

Medical Clinic Services:

- Pregnancy testing and verification documentation
- At-risk case management assessment
- Limited 1st & 2nd trimester obstetrical ultrasound
- Limited STI Testing
- Medical consultations
- Medical referrals
- Prenatal vitamin vouchers

Early Pregnancy Support Services:

- Pregnancy Support Meetings- One-on-one meetings with a Client Specialist or practicum counseling student to assist with the client's pregnancy decision as she weighs her options, to provide relational support, and help in navigating life events.
- Advocacy- Act as an advocate for client when connecting them with adoption agencies or next-step resources.

Long-Term Pregnancy Support Services:

Mentoring- One-on-one mentoring regarding practical information designed to help new moms and dads parent with confidence.

- Preparing for baby- in the different 'areas' of life
- Delivery of the baby- all options and possibilities
- Newborn care- handling & caring for a newborn
- Nutrition basics- the how and why
- Breastfeeding- education and support referrals
- Post-partum health- what to expect
- Baby safety- creating a safe home environment
- Child development- the stages of growth
- Relationship skills- breaking negative cycles
- Family dynamics- families working together
- Planning for the future- the child and parents
- On your own!- continued support for clients who may need an occasional extra bit of information as they begin to parent and new questions come up

Community Impact Report

Life Networkof Central Missouri Mission:

To save lives and protect futures in the Central Missouri area and provide educational opportunities and support for women and men facing unplanned pregnancies, as we have done for the last 22 years!

Lives Enriched!

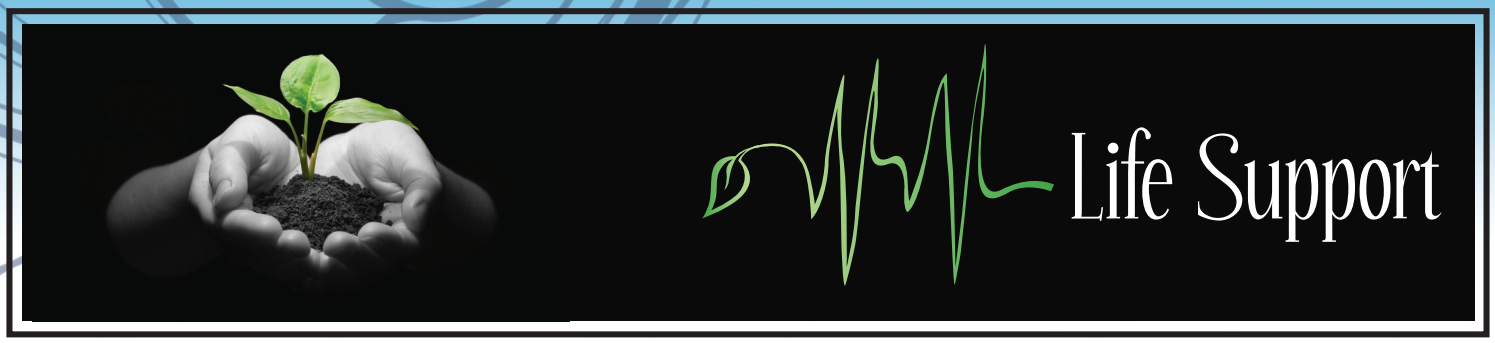
- In the past 4 years alone, My Life Clinic has provided 7,066 clinic visits at no cost to our clients.
- In the past 4 years alone, 1,051 lives have been protected from abortion.
- My Life Clinic volunteers have provided medical services and educational opportunites valued at $337,764.

Addressing Community Red Flags:

- Children in single parent families
- Domestic abuse
- Access to health care
- Low infant birth weight
- Births to teens ages 15-17
- Childhood nutrition
- Child abuse and neglect
- Communicable disease

Life Network Programs - Solving Community Problems

- Pregnancy testing, ultrasound and medical referrals for early pre-natal care at no cost to the client
- Instructing expectant moms about healthy investments in their pregnancy and baby
- Coaching moms and dads in positive relational skills that benefit their children
- Instructing single moms in nurturing and coping skills to provide for and protect their baby
- Connecting clients with local community resources
- SaveOne- Post abortion recovery small group
- Bible Study group
- Finance 101
- Sexual Integrity support group
- STI Education
- Monthly Parenting Class- large group
- Educational opportunities based on need



Each and every month, men and women come to Life Network's client program, My Life Clinic, to receive the confidential, free and compassionate services they need at a very difficult moment in their lives. . . and each and every month, men and women in our community give life-saving donations to make sure that we are here for those clients. Every dollar donated goes to ensure that our mission of Saving Lives and Protecting Futures continues. Please consider supporting our life-affirming ministry with a regular monthly gift or a single donation! We are grateful for this valued Life Support Team!

As a faith based organization, we rely on this team of dedicated individuals to pray for Life Network and its client ministry, My Life Clinic, as we daily encounter wounded lives that only God can heal. Life Network and My Life Clinic do their part. . . and trust God to do the rest. Please consider becoming a part of this vital and important team. Simply sign up using your email address to receive the Life Force email reports, with requests and answers to prayer from clients and the organization. Experience new miracles with us as we pray over this ministry on a regular basis.

Stats and Finances

Life Network is entirely funded by the generous support of private individuals, businesses and churches as a 501(c)3 public charity. All contributions made to Life Network are tax-deductible. The 2013 yearly budget is structured to raise a net income in order to protect the financial integrity of the organization and accomplish future goals. The funds will be used to accomplish long-term goals such as increasing staff salaries, technological updates and developing a reserves fund.

77% of My Life Clinic clients chose an alternative to abortion in 2012!

My Life Clinic Statistics

Total Clinic Visits	1,302
Medical Visits	593
Non-Medical Visits	709
Parent Mentor Classes	160
All Group Classes	155
Support Meetings & Resource Intakes	145
Emergency Needs Assistance	249

Top Issues of 2012

83% are single or separated

66% are under the age of 24

87% are unemployed or make less than $14,000 a year

65% have no religious or denominational affiliation

Life Network Income & Expense 2012

Income:	
Pledges - Life Support Team Individuals	$50,248.00
Pledges - Life Support Team Churches	$7,915.91
Donations - Individuals	$75,267.75
Donations - Church	$7,078.62
Donations - Corporate	$5,356.87
Donations - Organizations	$3,820.95
Event Income	$76,187.42
Interest & Other Income	$425.44
Total Income	$226,300.96

Expense:	
Client & Medical Specific	$11,809.33
Operational	$176,742.73
Fundraising & Communication	$30,430.63
Total Expense	$218,982.69

It is a privilege and blessing to partner together with you to ensure that little lives are given the opportunity to chase their hopes and dream big! Thank you for joining us in our mission to save lives & protect futures in Central Missouri!

Visit our website for upcoming event information & past event updates!

www.lifenetworkfriends.com

Supporting Churches in 2012

Our church partnerships are essential in communicating the value of our ministry to the local community, promoting the sanctity of life and sharing the hope of Christ with a lost world.

Agape Community Followship
Alive in Christ Lutheran
Apostolic Pentecostal
Auxvasse Christan
Blue Ridge Christian
Cairo Baptist
Callaway Christian
Christian Chapel
Capital West Christian
Christian Fellowship
Church of Christ- Fulton
Concord Baptist
Evangelical Free
Faith Family
Faith Family Fellowship
Family Life Fellowship
First Assembly of God - Columbia
First Baptist - Centralia
First Baptist - Fulton
First Baptist - Huntsville
First Christian- Vandalia Women's Ministries
Forum Christian
Grace Covenant Church of Missouri
Grace Evangelical Free
Grandview Baptist
Hallsville Baptist
Harrisburg Christian
Heritage Baptist - Columbia
Hopewell Baptist
Immanuel Lutheran - Higginsville
Jefferson City Bible Chapel
Jefferson City Christian Center
Karis Community Church
Liberty Baptist
Memorial Baptist - Columbia
Midway Heights Baptist
Millersburg Baptist
New Beginnings Christian Center
New Hope Baptist - Hartsburg
New Salem Baptist
Newman Center
Rejoice Free Will Baptist
Rockbridge Church of God
Southridge Baptist
Southside Baptist
St. John's Lutheran
Sunrise Christian
The Crossing
The River
Timber Lake Christian
Trinity Lutheran - Columbia
Valley View Community
Westminster WIC
Woodcrest Chapel
Yahweh's Assembly in Messiah

Special Thanks for 2012

Collaborative efforts with supportive community agencies, businesses, media outlets and student groups have helped us expand the reach of our ministry in Central Missouri in 2012.

Alston-Kline
Ashley Furniture Home Store
Biosound Esaote
Central Missouri Community Action
Central Missouri Food Bank
Christian Campus House
Columbia Area Pastors Fellowship
Coplen, Wright & Associate
Daniel Boone Library
Father Tolton High School
Fidelity Financial Services, LLC
First Assembly of God- Columbia
Flow's Pharmacy
Forty Days for Life
Freeman C-Group of Karis Church
Fuemmeler Tax & Accounting
Heritage Baptist Church
Hickman High School
Jefferson City Catholic Diocese
Joanne Nelson, Childcare Aware
Karen Dye, A Courageous Heart-KNLJ
Lemstone Parable Christian Store
Love Basket
Love INC
MACC Student Nursing Association
Missouri Baptist Convention
Missouri Baptist Foundation
Missouri OBGYN Associates
Missouri State Employee Charitable Campaign
Moms Group at The Crossing
Mothers of Preschoolers (MOPS)
MU Med Students for Life
MU School of Nursing
MU School of Social Work
MU Service Learning Department
MU Students for Life
NIFLA
Precision Line
Rock Bridge High School
Steve Kuntz, Mid-Missouri Legal Services
St. Raymond's Society
Vandalia Women's Prison
Vitae Foundation
Women's Health Associates
Young Republicans Club - Rock Bridge High School

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for their partnership in providing a free supply of prenatal vitamins to our pregnant clients!

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2012 Annual Review

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Unborn Lives Protected from Abortion in 2012!

life network
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